

Cultural Trauma Questionnaire

A collection of self-reported scales in which one can measure culturally traumatic events not found on the traditional Adverse Childhood Experiences questionnaire.

CTQ-AA*

1. Were you ever called a racial slur...
To your face with the intent of degrading you or hurting your feelings?
or
Indirectly, but still aware of the slur being used?
Yes No If yes enter 1 _____
2. Did you ever have a negative experience with the police...
While being pulled over with no probable cause?
or
And excessive force was used to detain you or a family member?
Yes No If yes enter 1 _____
3. Has anyone made comments to you that could be considered microaggressions?
Yes No If yes enter 1 _____
4. Have you ever felt stressed from repeatedly seeing...
Racially traumatic events in the media?
or
Family members or friends being killed or targeted for being Black?
Yes No If yes enter 1 _____

Now add up your “Yes” answers: _____ Add this to your original ACE Score

**An addendum to the Adverse Childhood Experiences questionnaire for African American clients*