

Let's Talk about Sex: Tools for Addressing Sensitive Topics with Confidence



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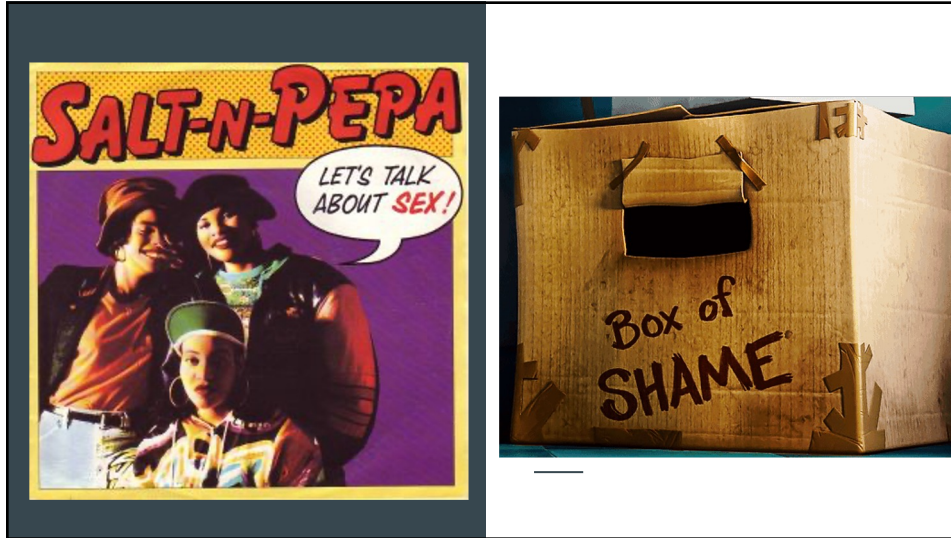
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Who Am I?

- Certified Advanced Practice Social Worker (WI)
- Prevention Social Worker at HIV Clinic at UW Health
- AASECT certified Sexuality Educator



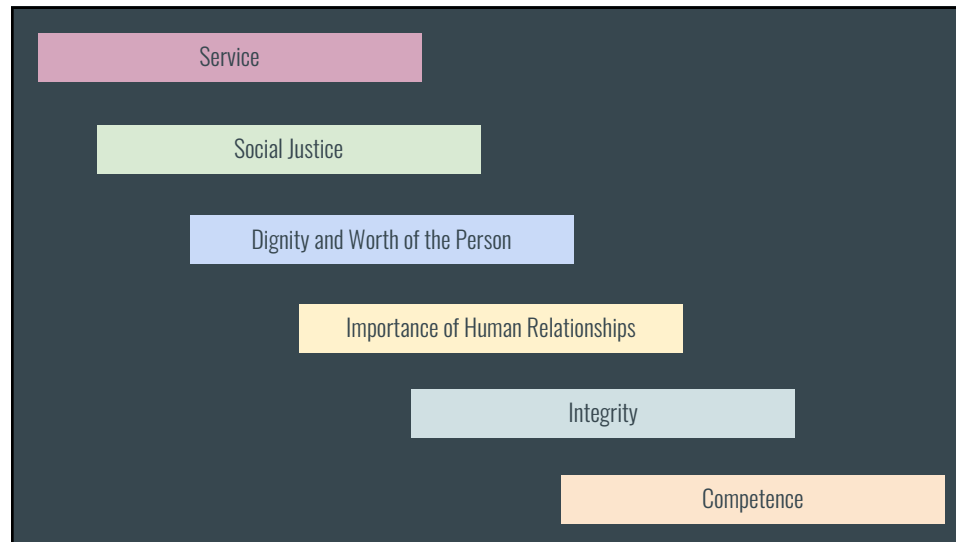
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<p>Where do conversations about sex and sexuality happen?</p>	<p>What is one question you've been asked, or one question you have, about sex and/or sexuality?</p> <hr/>
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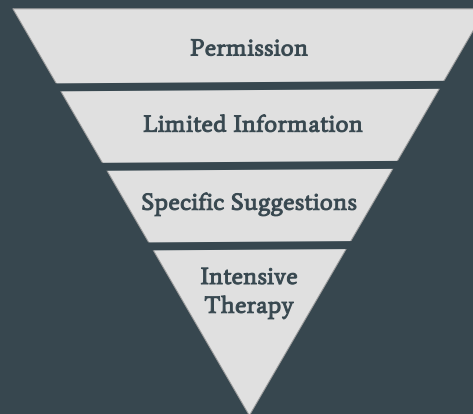
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PLISSIT Model

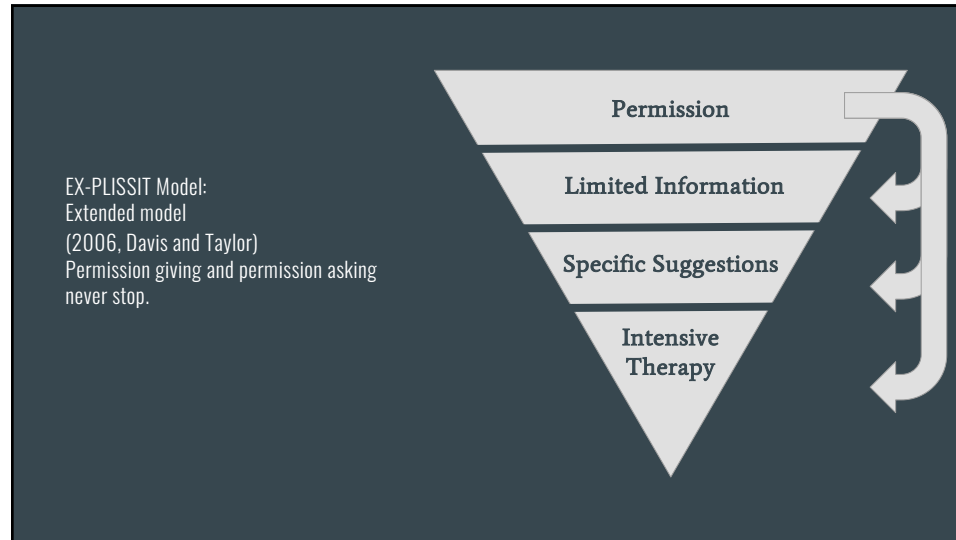
Annon (1976): *PLISSIT* is modeling system used to determine the different levels of intervention for individual clients.

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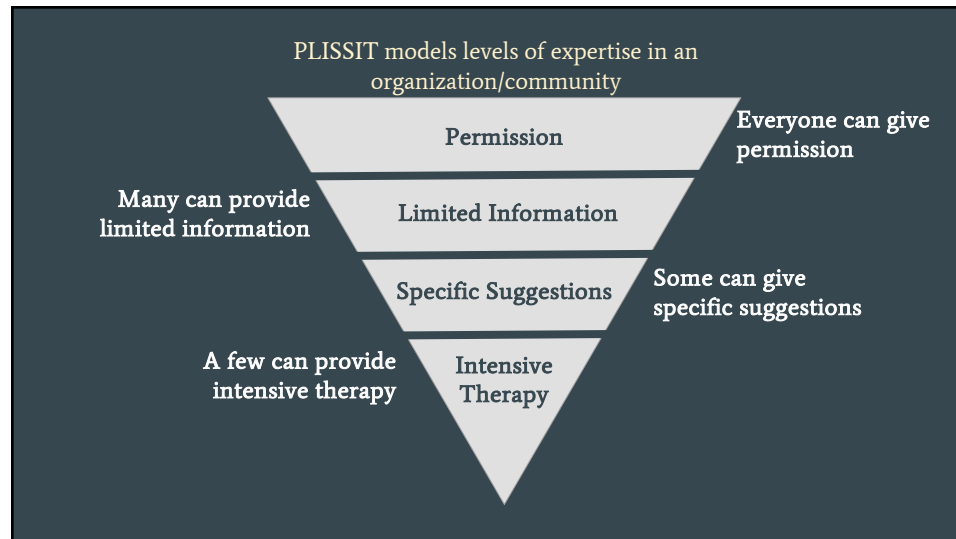
PLISSIT Model of Addressing Sexual Functioning (Annon, 1974)



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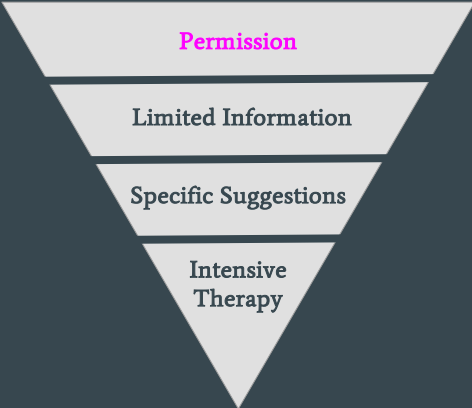


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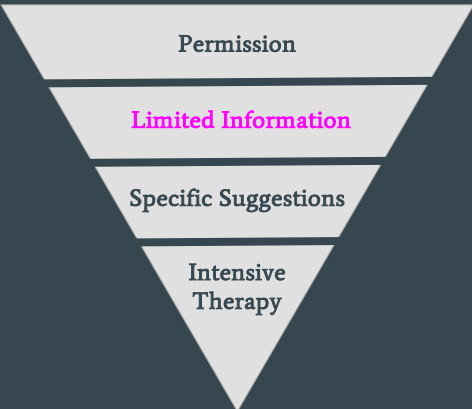
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PLISSIT models how we can proceed with an individual



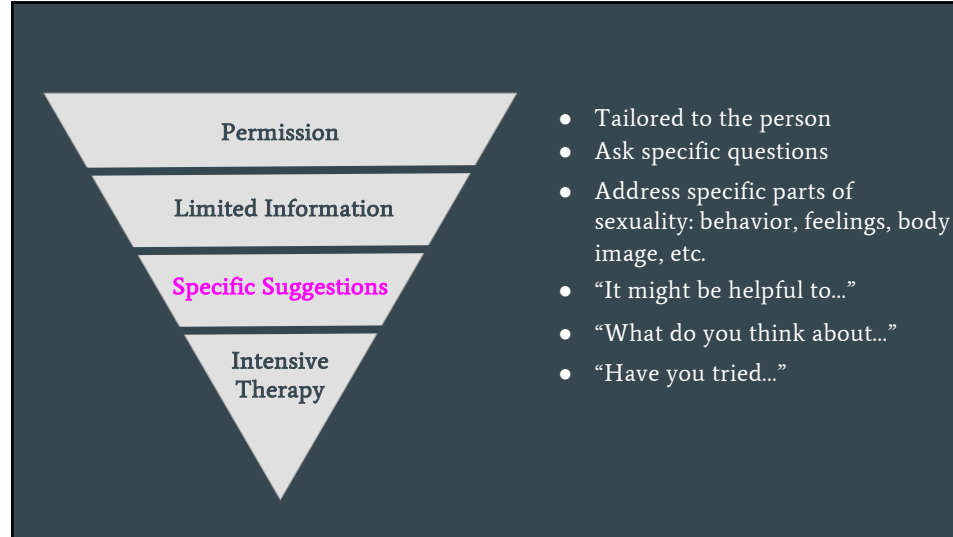
- Confidentiality
- Decor and reading materials
- Public facing messages
- “Many people in your situation...”
- “Is it ok if I ask you...”
- “Would you like to talk about...”

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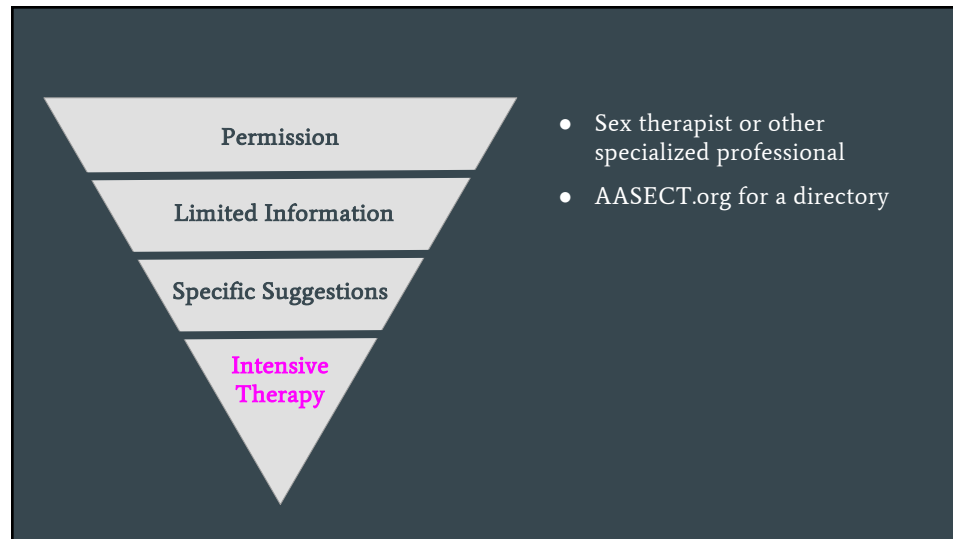


- Answer the question asked!
- “_____ makes a difference to a lot of people.”
- Point towards easily accessible resources
- Demystify and welcome with language
- “_____ is not unusual...”
- “It’s very common...”

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Let's Practice!

The diagram is a funnel shape divided into four horizontal sections. From top to bottom, the sections are labeled: Permission, Limited Information, Specific Suggestions, and Intensive Therapy.

- Can I use masturbation as my coping skill?
- How do you know when you're ready for sex?
- How do lesbians do it?
- What can a woman do about low libido?
- How do I reignite passion in my marriage?

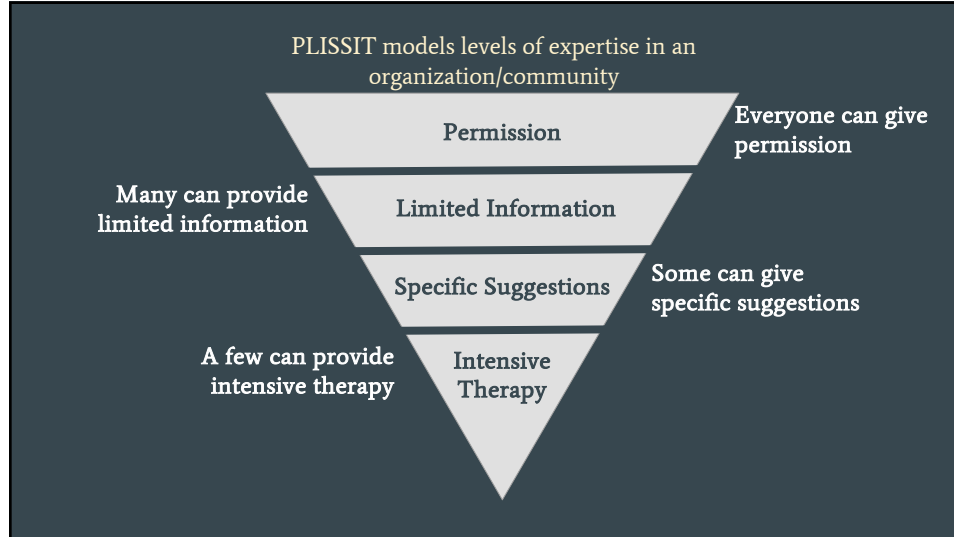
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Let's Practice!

The diagram is a funnel shape divided into four horizontal sections. From top to bottom, the sections are labeled: Permission, Limited Information, Specific Suggestions, and Intensive Therapy.

- How do I tell a partner I have herpes?
- I've never had an orgasm. Can I change that?
- How do I have a higher sex drive?
- I think I'm asexual. Is that ok?
- My husband wears high heels when we have sex. Is that normal?
- I identify as a girl but sometimes during sex I wish I had a penis. Is that weird?

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