



The Sanctuary Model® is a blueprint for clinical and organizational change which, at its core, promotes safety and recovery from adversity through the active creation of a trauma-informed community. We recognize that trauma is an individual experience and can impact more

than just primary victim. The Sanctuary Model® focuses not only on the people who seek services, but equally on the people and systems who provide those services. Our goal is to create a youth-driven and family-focused perspective to treatment that is individual to each client we serve.

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## ABOUT HALLMARK YOUTHCARE

Founded in 1976, Hallmark Youthcare is a safe and secure 82-bed psychiatric residential treatment facility, located outside of Richmond, Virginia in Goochland County. Hallmark Youthcare's trauma-focused, non-violent treatment philosophy promotes a safe, secure, and therapeutic environment for at-risk youth in residential setting. Hallmark believes a non-violent treatment environment forms the basis for addressing the traumas in the lives of at-risk youth, promoting the formation of healthy relationships and caring homes. We value the importance of matching the client's needs with the appropriate level, type of treatment, care and services. Hallmark promotes a culture that reflects the equalities at every level of our organization with the goal of providing hope, recovery, and renewed direction for youth and families.

**Medicaid Provider and Commercial Insurance Accepted**



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# HALLMARK

## YOUTH CARE

*Providing Trauma-Informed Care  
for adolescents and families.*

[www.hallmarkyouthcare.org](http://www.hallmarkyouthcare.org)

At Hallmark Youthcare, we treat adolescents with emotional and behavioral issues triggered by past traumatic experiences. We strive to empower youth and their families to overcome their difficulties and fulfill their potential. Utilizing The Sanctuary Model®, Building Bridges, and Trauma-Focused Therapy, we are committed to providing trauma-informed and individualized support to youth and their families.

## RESIDENTIAL PROGRAMS (ages 11-17)

Assessment & Diagnostic

General Psychiatric Disorders

Treatment for Sexually Acting Out Youth  
(TSAY) for Males ages 12-17

Treatment for Exploited Children (TEC)

Substance Abuse

## ADMISSIONS REQUIREMENTS AND EXCLUSIONARY CRITERIA

Required documentation, but not limited to:

- Psychological evaluation with full-scale IQ
- Psychosexual evaluation for TSAY program
- Psychiatric evaluation
- Psychosocial or social history
- Educational assessment/IEP
- Medical, physical and medication history
- Discharge summaries
- Guardianship documentation
- Recent behaviors within last 30 days

Exclusionary Criteria:

- Actively suicidal or homicidal
- Recent Full-Scale IQ of 65 or below
- Recent Full-Scale IQ of 70 or below for TSAY Program
- Severe developmental disabilities, including ASD diagnosis
- Require 24-hour assisted medical care and/or insulin dependent diabetic
- Neurological or eating disorders

## FAMILY ENGAGEMENT

- Monthly treatment team meetings
- Weekly family therapy
- Visitation and daily phone calls
- Activities for families include, but not limited to National Popcorn Day, Cinco de Mayo Walking Taco's, M&M's for Moms, Family Cookouts, Christmas Dinner, Recognition events for Armed Forces family and friends.
- Support Building Bridges Initiative

## CLINICAL SERVICES

- Certified Sanctuary® Model Program
- Fully licensed by Virginia Department of Behavioral Health and Developmental Services (DBHDS)
- Fully accredited by The Joint Commission
- Fully accredited by American Society of Addiction Medicine (ASAM) and Virginia DBHDS for Treatment of Substance Abuse Disorder
- Board certified Medical Director
- Board certified Psychiatrists
- Certified Trauma-Informed Therapists
- Certified Therapeutic Recreational Therapists
- Licensed Registered Nurses
- On-site Registered Dietician
- On-site medical services
- 1:4 to 1:8 Staff to Youth ratio based on unit and acuity
- 1:1 ratio available based on acuity needs

## EDUCATIONAL SERVICES

- Licensed by Virginia Department of Education
- On-site private school accredited by Virginia Association of Independent Specialized Education Facilities (VAISEF)
- Certified education teachers

## OUR MISSION

**TO HEAL AND SERVE** by improving the quality of life for at risk youth and their families.

## OUR VISION

**TO BE THE BEST** recognized for providing safe, high quality behavioral health care services and outstanding customer service.