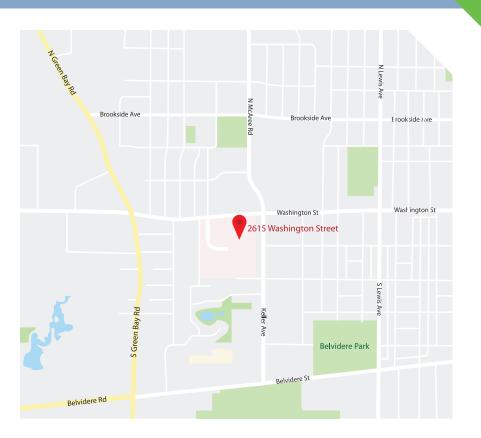


Confidential and Free Initial Assessment (847) 360-2017







2615 Washington St · Waukegan, IL 60085 www.lakebehavioralhospital.com

(847) 360 2017 | (855) 990 1900

No Cost Mental Health Assessments Offered 24/7

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Lake Behavioral teams work from a multidisciplinary model for all aspects related to care. Beginning with an assessment, our team of psychiatrists, nurses, addiction specialists, social workers and counselors gather the information needed to help the patient find just the right level of care for maximizing mental health. Specialty programs, like our older adult Monarch Program, focus on treating the individual with unique, life- enhancing skill development and therapy. But stabilizing the patient can only have value if the discharge plan is strong and can secure a post hospital foundation for success and real-life improvement. That is why we begin with the end in mind. Discharge planning is a very important element of treatment. Our team, families and our patients take active roles in choosing the best track for post-hospital mental health gains.

Our programs include:

Adult Inpatient program

Patients 18 and older who are in acute crisis will be referred to this level of care to help them feel and be safe. Each aspect of interaction will be designed to support recovery and a return to positive self-care and confidence.



Adolescent Inpatient Program

Teens ages 13-17 will stabilize successfully following a mental health crisis in Lake Behavioral Hospital's adolescent inpatient program. Family engagement and support are encouraged. Patients thrive when they grow and learn about themselves and can share feelings and stories with a team that cares.

OUTPATIENT PROGRAMS

Intensive Outpatient Program (IOP)

This program features group therapy, education on illness management, crisis safety planning and medication information and management. Self-efficacy is the goal so that program participants can live fuller, happier lives. This program is geared toward adults, 18 and older.

Partial Hospital Program

For adolescents experiencing mental health conditions not requiring hospitalization, the Lake Behavioral PHP offers short-term treatment. The program will help teens develop the skills necessary for personal, family and school success.

SPECIALTY PROGRAMS

The Monarch Program IOP will help seniors work in a group setting to navigate issues relative to aging with peers who understand. New ways of confronting the challenges of aging in a safe and judgment- free environment will support health and promote change.



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