

*A person's a person,
no matter how small.*

- Dr. Seuss



Nature plays a prominent role in meeting the therapeutic needs of our children at BayPointe.



CarePointe (251) 450-2211 Admissions/Referrals
Administration (251) 661-0153
BayPointeHospital.org



Licensed by the Alabama
Department of Public Health

5800 Southland Drive | Mobile, AL 36693

Your well-being is our priority.



Division of AltaPointe Health Systems

Our Mission

BayPointe Hospital provides a safe and therapeutic living environment for children and adolescents with psychiatric and behavioral disorders.



Our facility

Operated by AltaPointe Health Systems, BayPointe Hospital provides inpatient and residential treatment for children and adolescents with extremely challenging psychiatric and behavioral problems. BayPointe is accredited by The Joint Commission.

When is hospitalization required?

Admission is necessary when a child or adolescent behaves in a life-threatening, destructive, or disabling way that requires 24-hour support, assessment and professional treatment. BayPointe's acute hospital provides a caring and secure

environment where children 5 to 18 years of age receive the stabilization they need during a time of crisis. The average length of stay is seven to 12 days.

Conditions we treat

BayPointe treats children and adolescents affected by a variety of psychiatric illnesses:

- Depression and mood disorders
- Suicidal thoughts or behaviors
- Social withdrawal
- Self-harming behaviors
- Combative and defiant behaviors

"I appreciate being made to feel that my child and I are important and worth the time. Keep up the outstanding work, BayPointe!"

– Patient family member

"BayPointe's staff helped me gain back trust. When I am mad, they help me understand my feelings."

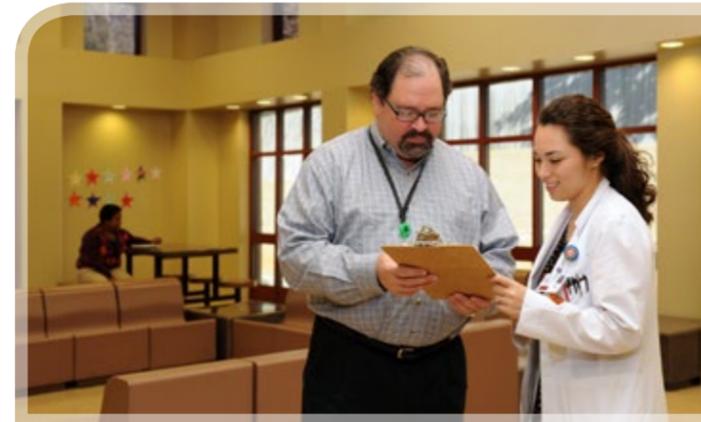
– Patient

- Attention and concentration difficulties
- Extreme anxiety
- Thought disorders

Clinical assessments

BayPointe's individualized program begins with a full evaluation by a board-certified child and adolescent psychiatrist. Each child is assessed by our multidisciplinary team of:

- Psychiatric nurses
- Master's-prepared social workers and therapists
- Recreational therapists
- Certified teachers
- Consultative psychologists
- Family practice physicians and nurse practitioners



Therapeutic services

BayPointe's qualified staff provides personalized therapeutic services based on the treatment team's evaluation and plan, which may include:

- One-on-one support and counseling
- Group and individual therapy
- Family support and therapy
- Recreational therapy including exercise and movement
- Play therapy
- Pet therapy
- Crisis intervention and anger management
- Cognitive behavioral therapy
- Academic program including classroom and individual tutoring
- Social skills enhancement



Family involvement

Families and significant others are involved in family therapy sessions in order to initiate and sustain positive change.

Academics

Children and adolescents have the opportunity to participate in our academic program. A certified teacher or tutor works with our children individually and in a classroom setting. Close communication with the child's regular school is maintained.

Referral sources

We welcome referrals from mental health professionals, physicians and pediatricians, social service agencies, school systems, courts, and directly from families. Our CarePointe intake team is made up of master's-prepared professionals trained to assist parents or guardians in finding the right option for their child.

Insurance information

Most insurance plans cover emergency psychiatric care. Our CarePointe intake team can assist with any questions regarding coverage. CarePointe may be reached at (251) 450-2211.



"Since my brother began staying at BayPointe the therapist kept me in the loop about everything. They answered any questions I had and were very considerate of his needs. They were flexible with their times to see me and would do anything to help. I thank God for their services. They are five star to me!"

– Patient family member



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